



Welcome to your Tucklesholme inspired trek booklet!

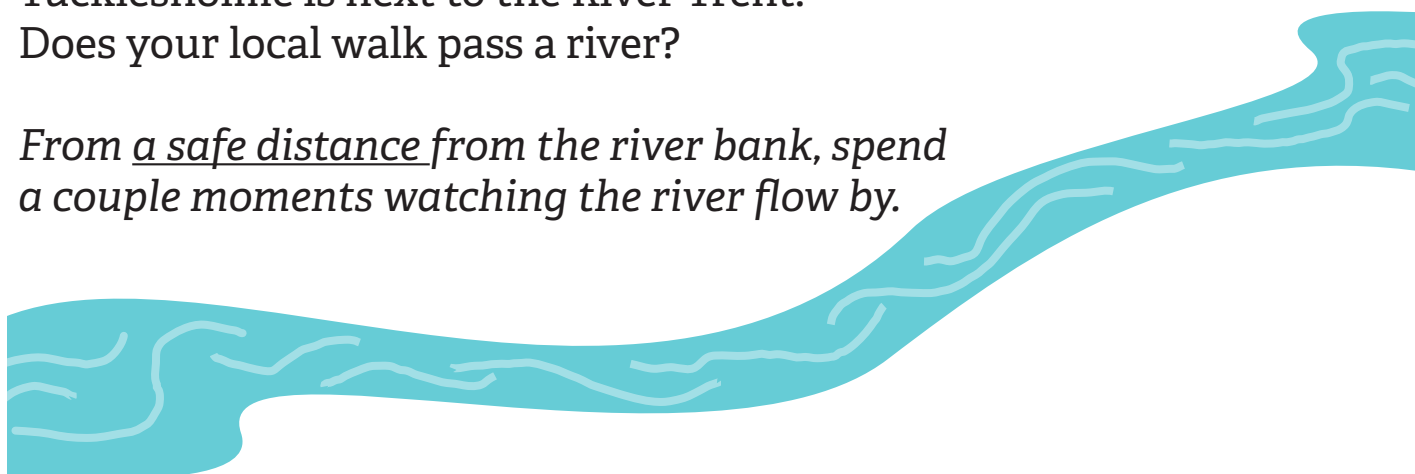
In this booklet we will look at some key features of our Tucklesholme Nature Reserve, as well as little ways to spot and utilise similar features on your local walk.

Dont forget to draw a map on the last page, so you can remember your journey for next time!

River

Tucklesholme is next to the River Trent.
Does your local walk pass a river?

From a safe distance from the river bank, spend a couple moments watching the river flow by.



1. Which way is the river flowing?
Circle the direction below



2. How fast is the river water
flowing?
Circle below

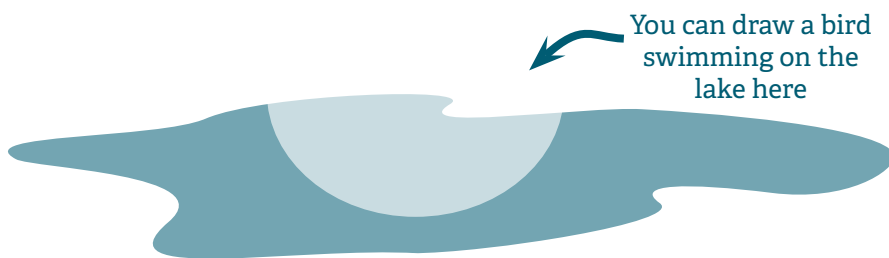
fast or **slow**

3. Are there any animals
around the river banks?
Write what you've seen below



Lake

Tucklesholme has three lakes. The first one is the largest.



Challenge: Try to splash in three puddles on your walk!



Rocks

Tucklesholme used to be a quarry. This means it was full of rocks and stones.



Challenge: While you are walking try to find the most interesting shaped rock you can!

Birds

Tucklesholme is a nature reserve where birds thrive.

Activity: Have you seen any of these wetland birds on your walk?



Greylag Goose



Mute Swan



Mallard Duck



Coot



Sounds

Tucklesholme is next to the railway and A38. As well as the natural sounds of birds chirping, you can occasionally hear other sounds like a train horn, or cars driving by.

Activity: Listen to the world around you and tick off what sounds you can hear...

<input checked="" type="checkbox"/> A train whistle	<input checked="" type="checkbox"/> Cars driving	<input checked="" type="checkbox"/> Ducks quacking	<input checked="" type="checkbox"/> Tree leaves rustling
<input checked="" type="checkbox"/> Birds singing	<input checked="" type="checkbox"/> Geese honking	<input checked="" type="checkbox"/> Splashing	<input checked="" type="checkbox"/> Rain falling
<input checked="" type="checkbox"/> Tree branches creaking	<input checked="" type="checkbox"/> Woodpecker Drumming	<input checked="" type="checkbox"/> Gravel crunching	<input checked="" type="checkbox"/> Mud squelching

Bridges

From tucklesholme you can see the temporary bridge that was made from Walton to Barton over the River Trent.

How many bridges have you crossed?

Did you play Pooh sticks?



Challenge: Collect some sticks on your walk and try to build a mini bridge at home.





My Map

We have left some space, for you to add more things to your key.

Key suggestions:



Home



Water



Bridge



Trees



Road



Grass/Field



Trainline



Favourite spot

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